

# HEARTS & HORSES

*Therapeutic Riding Center*



*est. 1997*

## Job Description

**POSITION TITLE:** Side Walker

**REPORTS TO:** Volunteer Manager

**CURRENT AS OF:** February 2020

**POSITION SUMMARY:** Assist Instructors and Horse Leaders in creating a safe learning environment for riders by supporting riders from arrival at Hearts & Horses until departure.

### JOB DUTIES

- Greet riders and assist with helmet fitting.
- Aid instructor and horse leader during mounting, riding, and dismounting.
- Maintain safety in the arena.
- Walk beside the rider to provide stability assistance and verbal prompts as needed.
- When appropriate, support instructor by relaying directions to the rider.
- Follow all instructor and staff directions.
- Ensures compliance with all Hearts & Horses policies.
- Work as a team with staff and volunteers.

### QUALIFICATIONS

- **Time Commitment:** Be able to commit consistently to at least one shift a week of at least 1.5 hours a shift. Shifts are available in the morning, afternoon and evening, each day of the week, except Sundays.
- Volunteers must be at least 16 years of age, unless an exception is made for extensive maturity.
- All volunteers must participate in a Side Walker training and prior to volunteering.
- Able to frequently sit, stand, walk, bend and lift up to 50 pounds.
- Able to walk or jog and lift arms for more than 1 ½ hours over uneven surfaces.
- Able to physically react with agility and swiftness to maximize safety of the rider.

The above statements are intended to describe the general nature and level of work being performed and are not intended to be an exhaustive list of all responsibilities, duties and/or skills that may be required. Hearts & Horses holds the right to terminate volunteers if not meeting requirements and responsibilities set forth in this job description, or if a volunteer violates the volunteer policies or code of ethics.